



## **Complementary and Alternative Medicine (CAM) Autistic Spectrum Disorders: Special Needs- Special Kids**

It is a pleasure to welcome you and your family at Global Naturopath. A place where, you can have answers, better understanding, and hope for improvement in your child's autism or other related disorder questions. There are a few introductory comments that are important and will help you understand how we work and how we can work together at Global Naturopath.

1. Allow me to say that, the benefits that children may achieve are often considered miraculous, but in reality there are no miracles and all achievements are the end products of hard work on the part of the parents and the children. At Global Naturopath, parents and Doctors will work as a team. We will point you in a direction but only by your perspiration and commitment, we will be able to reach our goal.
2. Second, there is no miracle cure, and no one claim to be a miracle healer in the field of Autism. Over the years DAN! Practitioners have been trying to discover what the possible causes of Autism are, and till we do not have all answers, all Dan Physicians, are trying to support the effects of these causes on individual and develop an individualized healing plan.
3. As a DAN! Physicians, much has been learned and the rate at which we are learning is remarkable, but there is still much to learn. You as parents need to understand, though, that there is no one roadmap to your child's healing. What we are discovering is a map of roads, some roads will be easy to travel and some will be very difficult. Some may seem impossible and some may seem frightening. Some may have potential hazards and some may be temporarily blocked only to open up later, while others may be dead ends. Some have not yet been discovered so stay there and Optimistic!!!.
4. Sometimes changes are fast and dramatic, but often they are slow and Occasionally things get worse before they get better. We learn much from what makes the child better but sometimes we learn even more from what makes them worse. Your observations and record keeping is vital to our success. Maintain detailed records of lab tests and treatment results to compliment my own records. It makes way for new discoveries.
5. Be an active partner. Read and research everything you can find. Attend conferences and lectures. If at all possible, go to some DAN! Conferences and listen carefully. Don't be afraid to teach me about your child or about autism. If you find something you want to try or discuss, we will try to help you.

6. Never give up. The truth is, for your child, no matter who gives you what information, it is you parents, who implement it, and you are the real force, who can make them succeed in end.

7. RECORD KEEPING

Record keeping will be very helpful to you as you contribute to the healing process. It will also be helpful to me and to others who you might consult in regard to your child's care. We suggest that you develop a ring binder to keep lab reports and treatment records. Include positive and negative reports and good and bad results of treatments. We will give you some ideas for record keeping but you can develop your own ideas and keep them by hand or on a computer spread sheets. Parents have taught me so many things.

**What can you expect from your first Visit for Autism Spectrum Disorder?**

In the first visit, we gather information on various diets and other treatments and their effects or lack of effects, on children. To have maximum benefit from the visit, have all forms filled in, so is easier to go over the information. All this information is very important in order to develop an understanding of each child and to begin contemplating a treatment plan.

After gathering the information, Dr. Jain, will go over the main concerns of parents, and help them get started with few suggestions and recommendations, that might help them resolve their most prioritize problem, so that parents can get some relief to begin with.....

**What can you expect after your first visit?**

A detailed summary of matters discussed, and recommendations, about the Diets, Labs and Supplements that be beneficial for the child, in developing the future treatment plan will be provided to the parents.

Parents will be directed, and can have access to the E-books on various diets, and other Supplements, Researches and Protocols that can be beneficial for the children.

Global Naturopath is here to educate and help parents, who are on the challenging path of recovering their children, with special needs. Be assured, that at Global Naturopath, Dr. Jain, and other physicians will be there for you and your children, and will not hesitate, to refer you further, if there is anytime need in helping your children.

**Phone Calls and Emails.....**

We understand that there may be a need for some or perhaps many phone calls for questions, clarifications and advice. We will try to help you with the Vast majority of these needs. Please understand that we will never charge for simple communications so you should not feel afraid that you might be charged every time you call us. However, there is a charge for phone and email consultations with Dr. Jain, but the fee depends on the length and complexity of the interactions.